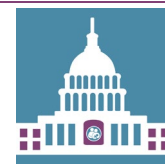




2020 New Mexico Breastfeeding Report



Human milk feeding is a proven primary prevention strategy, building a foundation for life-long health and wellness for infants and parents.

New Mexico Breastfeeding Rates

See how New Mexico breastfeeding rates and other measures compare to national rates and targets set by the Healthy People 2020 (HP2020) initiative.

	Breastfeeding Initiation Rate	Largest Disparity Between Racial/Ethnic Groups
New Mexico	86.1%	9.6%
U.S. National	84.1%	16.7%
HP2020 Target	81.9%	N/A

Source: [National Vital Statistics System birth certificate data](#), a census of all 2019 births and the largest collection of breastfeeding data. Breastfeeding initiation is measured as a percentage. Largest disparity in breastfeeding initiation between racial/ethnic groups is measured as a percentage difference.

	Exclusive Breastfeeding at 6 Months	Any Breastfeeding at 12 Months	Formula Supplementation at 2 Days	mPINC Score
New Mexico	26.6%	40%	14.1%	82
U.S. National	25.6%	35.3%	19.2%	79
HP2020 Target	25.5%	34.1%	14.2%	N/A

Source: [CDC Breastfeeding Report Card](#), a biannual publication highlighting progress towards breastfeeding goals in the United States. Breastfeeding and supplementation rates are measured as a percentage. CDC's national Maternity Practices in Infant Nutrition and Care (mPINC) survey assesses maternity care practices that affect how babies are fed.

WIC Program Breastfeeding Performance Measures

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) program provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five. The WIC program serves approximately 53 percent of all infants born in the United States.

	Fully Breastfed Rate	Partially Breastfed Rate	Total Breastfed Rate	Fully Formula Fed Rate
New Mexico WIC Rates	15.8%	22.6%	38.3%	61.7%
National WIC Rates	12.1%	21.9%	33.9%	66.1%

Source: [Fiscal Year 2020 WIC Breastfeeding Data Local Agency Report](#). Breastfeeding and formula feeding rates are measured as a percentage of participating children under one year of age.

Federally Funded Lactation Projects in New Mexico During 2020

Each year funding is allocated to a variety of federally funded programs that include infant feeding support through the federal appropriations process.

Centers for Disease Control and Prevention

- The [**CDC Hospitals Promoting Breastfeeding program**](#) provides critical support to advance breastfeeding continuity of care and increase access to lactation-friendly environments in states, hospitals, and communities. In Fiscal Year 2020, this program was funded at \$9 million.
- [**Racial and Ethnic Approaches to Community Health**](#) (REACH) funding is used to reduce health disparities among racial and ethnic populations with the highest burden of chronic disease through culturally tailored interventions to address preventable risk behaviors. As part of the REACH program, there are two funded communities in New Mexico. Partners in Health is working with Navajo communities support to community planning and execution of trail projects. This funding will support the creation of systems that enable providers to refer women to community-based resources, including breastfeeding support, and assign primary care providers. Diné College is creating the first Tribal Community Health Worker (CHW) Certification Program to expand the CHW workforce in Navajo Nation. Presbyterian Healthcare Services focuses on American Indians and Hispanic Americans living in the South Valley of Bernalillo County. This program is focused on several projects including expanding the use of the Wellness Referral Center, which allows providers to refer patients to community and public health supports like classes, activity programs, healthy food access, and breastfeeding resources.
- [**Good Health and Wellness in Indian Country**](#) (GHWIC) is the CDC's largest investment to improve American Indian and Alaskan Native (AI/AN) tribal health and is focused on health promotion and chronic disease prevention, including increased breastfeeding rates. In New Mexico, the Albuquerque Area Indian Health Board and the Santo Domingo Tribe-Kewa Health Outreach Program received support through the GHWIC program.

Health Resources & Service Administration, Maternal and Child Health Bureau (HRSA, MCHB)

- The [**Healthy Start program**](#) strengthens the foundations at the community, state, and national levels to help women, infants, and families reach their fullest potential. The Healthy Start program implements community-based interventions to improve the health of mothers and children, including lactation education. In New Mexico, the Ben Archer Health Center, Inc. in Hatch was awarded \$1,165,343 in Healthy Start funding.

Breastfeeding Coalition Serving in New Mexico

The USBC supports an extensive network of state, tribal, territorial, local, and cultural breastfeeding coalitions working to create policy, systems, and environmental (PSE) interventions to better serve babies and families. The following coalition serves in New Mexico:

- New Mexico Breastfeeding Task Force: [**https://breastfeedingnm.org/**](https://breastfeedingnm.org/)