



# THE STATE OF TEXAS

## GOVERNOR

 *To all to whom these presents shall come,  
Greetings: Know ye that this official recognition is presented  
to all observing*

# Breastfeeding Month

## August 2024

*From a child's first breath, parents want to do everything in their power to give it the best life possible. To this end, breastfeeding is one of the healthiest things that new mothers can do for their children. Breastfeeding has countless benefits for children, such as lowering their risk for infection, and it reduces the risk to the mother for conditions such as breast cancer or high blood pressure.*

*Each year, August is designated as Breastfeeding Month to raise awareness of the benefits of breast milk. Organizations nationwide come together not only to encourage and provide support for breastfeeding, but also to ensure mothers have access to information and education to help them provide the best care and nutrition for their babies.*

*First Lady Cecilia Abbott joins me in encouraging all Texans to observe Breastfeeding Month with befitting programs and activities.*

*In testimony whereof, I have signed my name and caused the Seal of the State of Texas to be affixed at the City of Austin this the 15th day of July, 2024.*





Greg Abbott  
Governor of Texas