

# SUID Prevention Program Free Webinar

## Promoting Safe Sleep: Doulas and the Cultural Significance of Being in the Room

Thursday, February 20, 2025

10:00 - 11:00am PST | 11:00 - 12:00pm MST | 12:00 - 1:00pm CST | 1:00 - 2:00pm EST

This webinar will highlight the crucial role that doulas play in advocating for safe sleep practices, with a special focus on Black doulas who honor and uphold the traditions of their ancestors. It will delve into the intricacies of quality care that have been passed down by traditional Black birth workers through generations, alongside the progress toward enhancing coverage methods for doula services. The aim is to ensure that historically marginalized families and individuals of color, particularly Black women and birthing people from various economic backgrounds, receive access to high-quality, compassionate, and respectful care. Continuing Medical Education (CME) credit will be available for those who attend the live webinar. The webinar will be recorded and made available online on the [SUID Prevention Program webpage](#).



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### Learning Objectives

- Explore the historical context of Black doulas in birth work, connecting modern practices to historical roots
- Discuss the role of doulas in raising awareness about safe sleep practices
- Examine the importance of collaboration between doulas and healthcare systems

### Faculty Speakers



**Stacy Scott, PhD, MPA**  
VP of Health Equity  
Innovation  
NICHQ



**Nicole Diggins, BS, MSN, MPH**  
Founder  
Sista Midwives Productions

American Academy of Pediatrics

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